

REDEMPTION CHURCH

Throwbacks | Cast your Cares

BIG POINT

Humbly casting our cares upon Jesus allows us to walk in the beauty and freedom of the Gospel.

1 Peter 5:6-7

6 Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, 7 casting all your anxieties on him, because he cares for you.

REMINDER

Ability:

Acknowledge that God's ability is greater than ours.

Control:

He is always in control, even when we think we are.

Timing:

God's timing is always better than ours.

Striving:

Our striving means nothing compared to God's provision.

This week Pastor Steven walks us through 1 Peter 5:6-7.

Worry. If we don't control it, it will control us! It will rob us of our peace of mind, sleep, health, relationships, and ultimately our lives. We will see how the pretext offered in verse 6 explains the path of how we get to the promise, power, and provision found in verse 7.

Notes:

Humble yourselves...:

We can't cast our cares upon Him until we have arrived at humility. Humility paves the path to less worry. Some of our problems might stem from us thinking we can do it on our own – without His perfect guidance, or from trying to do something outside of God's plan.

- Humility allows us to trust God's abilities over our own ([Proverbs 16:9](#)).
- Humility leads to the realization that we aren't in control, even when we think we are ([Jeremiah 27:5](#)).
- Humility teaches us that God's timing and plan is always better than our own ([Ecclesiastes 3](#)).
- Humility recognizes that all of 'our striving means nothing when compared to God's providing' ([Philippians 4:19](#)).
- Humility precipitates movement.

Under His Mighty Hand...:

God's mighty hand is the reason we can trust Him for the outcome.

- His Irrevocable Plan:
Nothing that God has settled will be undone. Our sin doesn't deter it, and Satan can't stop it.
- His Sovereign Power:
The world's biggest power brokers don't compare to Christ. What more assurance do we need?
- His Unmatched Wisdom:
His ways are not our ways ([Isaiah 55:8-9](#))
He knows the beginning and the end.

GREEK ROOTS

tapeinōō: "show humility, true lowliness") happens by being fully dependent on the Lord – dismissing reliance upon self and emptying carnal ego. This exalts the Lord as our all-in-all and prompts the gift of His fullness in us.

hupsoō: to lift or raise up, to exalt, uplift. To elevate (literally or figuratively).

epiriptō: From *epi* (upon) and *rhiptō* (to throw, cast, to throw off, toss, fling with great force). *Taking off a weight and putting the weight on something stronger.*

mérimna: care, worry, or anxiety. Properly, *a part, separated* from the whole; (figuratively) *worry* (anxiety), *dividing and fracturing a person's being into parts.*

mélei: the third person singular of *melō*, (to care, be concerned). To care about (be concerned with), especially paying attention (giving thought) to – "taking an interest". Careful and meticulous attention.

REMINDER

We can't "verse 7" (cast our cares) until we become who He has called us to be in verse 6 (humble servants).

Notes continued...:

At the Proper Time...:

Not our time, not our parent's or our kids' time, not our boss's time, not our social environment's time, but HIS proper and perfect time!

- God even sent Christ at *EXACTLY* the right time.
- The proper time is:
 - The time God has reserved just for each of us.
 - The exact time when everything is lined up for our good.
 - The time when God show up, breathes His Spirit, and everything else is unstoppable.
- The gap between our time and His perfect timing allows space for Him to prepare us, clean us and set the stage.

He Will Exalt you...:

When we follow His plan and path, then the God of the universe WILL (not *might*, not *could*, not *should*... but **WILL**) exalt us.

- If we don't humble ourselves, this canNOT happen.
- Exalt: lift us up, take us higher, move us closer, get us there... Let Him do the exalting!
- We are awesome – not because of who we are, but because of whose we are ([Ephesians 2:10](#)).

Casting ALL your Anxieties Upon Him...:

We are commanded, not asked, to cast all of our cares, worries and anxiety on Him ([Isaiah 41:10](#)). He is meant to carry it all, not us!

- Again, ALL of them: financial, future, career, school, health, family, emotional, church, work, etc.
- The original Greek for *casting* here is *epiripto* and is only used one other time in Scripture. In [Luke 19:35](#) we see it used as they threw their coats on the donkey that Jesus would ride. Here Peter is saying, "I know this guy, and he doesn't want you stressed like that. He promised to carry it for us – it's of no consequence to Him. Just let Him carry it!"

Because He Cares for you...:

He pays meticulously careful attention to us. Don't shortchange how much He cares for us!

- If it matters to us, it matters to God.
- Don't let the enemy tell you it's too insignificant, or dumb.